

# NEIGHBOURHOOD INFORMATION POST


 The logo for Neighbourhood Information Post (NIIP) features the letters 'NIIP' in a bold, blue, serif font. The letters are contained within a white square that is framed by a thick blue border.

## OUR VISION

To be an innovative, responsive and essential community organization that uses both the “human touch” and helpful technologies to provide services that strengthen our local communities and enhance the resilience of vulnerable households. We play a critical and leading edge role in a network of services that nourish the foundational sources of human well-being.

As a result, homelessness is prevented, housing is stabilized, communities are thriving, and meaningful social connections are readily available and easily formed.

## OUR MISSION

To build local communities and improve the resilience of the people in our communities by:

- Providing services and support for vulnerable people to move from insufficiency to stability and the capacity to thrive in life;
- Strengthening the capacity of vulnerable people to effectively meet the challenges and obstacles in their lives; and
- Engaging in community partnerships as part of a broader network of services to bolster the foundational sources of human well-being.

Our current services focus on homelessness prevention, housing & financial stabilization, community animation & engagement, and meaningful social connection.

## CURRENT SERVICES

- **Income Tax Clinic** – Please call Ron at 416-924-2543 ext. 233 for appointments or more information. Filing is now done by phone.
- **Rent Bank** – Please call 416-397-7368 (RENT)
- **Emergency Energy Fund (EEF)** – Please call 416-397-7368
- **Hydro and Electricity Programs** – If you wish to apply for LEAP or OESP, please contact Ramanie at 416-924-2543 ext. 231.
- **Senior’s Programs and Moss Park Activities** – Please call 416-924-2543 and leave a message.
- **Form Filing and Mail and Message Service** – Please call 416-924-2543 to make an appointment

# NEIGHBOURHOOD INFORMATION POST

## Moss Park Program Updates



### BUDGETING AND FINANCE WORKSHOP

Through the Budgeting and Financial Literacy Workshop, Moss Park residents received support in money management and budgeting, and were given information on how to access affordable resources.



### MINDFULNESS WORKSHOP

We offered weekly virtual Mindfulness Workshops to help Moss Park residents cope with stress and maintain good mental health. The workshops took a summer break and would resume in the fall!

### PHOTOSTORY PROJECT

Funded by TD Underwriting Hope Fund, the Moss Park Photostory Project provides Moss Park youths an opportunity to learn and capture the beauty in Moss Park. They are able to learn the art of photography, while improving self-confidence and communication skills, and exploring their community.



Moss Park Residents participating in our Health Talk

For more information regarding our Moss Park Programs, contact Mona, our Moss Park Programs Representative at [mona@nipost.org](mailto:mona@nipost.org) or at (416) 924-2543 ext. 0

# NEIGHBOURHOOD INFORMATION POST

## Chinese Senior's Program Updates

### GOING INTO THE DIGITAL AGE - STAYING STRONG TOGETHER

The digital age is upon us, and the Neighbourhood Information Post ensures that the seniors of our community are equipped to adapt to this new era. The Digital Workshops teach seniors how to create digital stories about how they cope with COVID 19. We look forward to their end products!



Chinese Seniors in our community engaging in one of the many NIP programs.

## ONGOING PROGRAMS

	<b>Fitness Conversation</b>	<b>Monday</b> 4:00pm-5:00pm over Zoom		<b>English Conversation</b>	<b>Thursday</b> 4:00pm-5:00pm over Zoom
	<b>Singing Group</b>	<b>Tuesday</b> 4:00pm-5:00pm over Zoom		<b>Photography Group</b>	<b>Friday</b> 10:00am-11:00am over Zoom
	<b>Calligraphy Group</b>	<b>Wednesday</b> 4:00pm-5:00pm over Zoom		<b>Indoor Plating</b>	<b>Friday</b> 2:30pm-3:30pm over Zoom

If you have any questions regarding any Chinese Senior's program, please call (416) 924-2543 and leave a message.

# NEIGHBOURHOOD INFORMATION POST

## Chinese Senior's Program Updates



Thanks to Second Harvest, we were able to deliver nutritious food to over 70 Chinese seniors in our community. The program ensured that these seniors were able to access healthy food during the pandemic



# NEIGHBOURHOOD INFORMATION POST

## Program Updates



### INCOME TAX CLINIC

Our Income Tax Clinic is open all year. Services are provided on the phone. We file over 100 income tax returns for low-income households every year. To find out more information on our Income Tax services, please call: 416-924-2543.



### TRUSTEESHIP PROGRAM

#### SERVICES

- Money Management and Budgeting Support
- Collection of Income
- Rent and Bill Payment Assistance
- Financial Educational and Support
- Financial Follow-Up and Supports
- Mediated Information Referrals

**Hybrid and Remote services are now available to the residents of Toronto. Moreover, the Trusteeship Program has now expanded to all areas of Toronto!**

For more information, you can visit our website - <https://www.nipost.org>, or contact our Trusteeship Team Lead, Drew at [drew@nipost.org](mailto:drew@nipost.org) or at (416) 924-2543 ext. 238.

# NEIGHBOURHOOD INFORMATION POST

## Financial Assistance Programs

### ENERGY ASSISTANCE

#### Emergency Energy Fund (EEF):

Low-income Toronto residents who are not receiving assistance from Ontario Works or Ontario Disability Support Program (ODSP) may qualify for help from the City of Toronto with energy-related emergencies to reconnect, prevent disconnection or to assist in the payment of energy arrears for hydro, gas or oil services. To apply for the Emergency Energy Fund please call 416-397-7368.



#### LEAP:

LEAP Emergency Financial Assistance is a year-round program to assist low-income customers with their bill payments and electricity costs. LEAP is a grant program that provides emergency relief to eligible low-income customers who are experiencing difficulty paying already 'past due' bills.

This grant is available to low-income residents. Effective January 10, 2022 - To support Ontarians through the ongoing COVID-19 pandemic, the OEB is once again temporarily increasing the flexibility of LEAP:

- LEAP applicants no longer need to be in threat of disconnection or have been disconnected, but they still need to be in arrears and at or below the income thresholds
- The limitation on receiving LEAP only once per year is waived, but the total amount received by a household may not exceed the maximum grant amount for the year
- The maximum value of grant amounts this year is increased to \$1,000 (\$1,200 for customers with electrically-heated homes). If you would like to apply please call 416-924-2543 ext. 231

#### OESP:

The OESP is an Ontario Energy Board (OEB) program that lowers electricity bills for lower-income households. OESP provides a monthly credit to eligible customers based on household income and household size. The OESP credits are applied directly to eligible customers' bills.

If you are a customer of an electricity utility, and in a lower-income home, you may qualify for the Ontario Electricity Support Program (OESP). For more information please call 416-924-2543 ext. 231



### TORONTO RENT BANK

The Toronto Rent Bank provides support to Toronto residents who are behind on their rent or need help with a rental deposit. By doing so, the Toronto Rent Bank ensures that low-income individuals and families are able to stay in their homes and avoid homelessness.

While the Toronto Rent Bank has previously provided low-interest loans, during the COVID-19 pandemic the City made significant program changes to the Toronto Rent Bank to respond to the needs of low-income households. The Toronto Rent Bank helped a total of 1,717 households stay in stable housing in 2021.

If you would like to apply, please call 416-397-7368



# NEIGHBOURHOOD INFORMATION POST

## CONTACT US!

### THE NEIGHBOURHOOD INFORMATION POST IS NOW ON SOCIAL MEDIA!



MAKE SURE TO STAY CONNECTED WITH US ON SOCIAL  
MEDIA TO BE UPDATED ON OUR PROGRAMS, EVENTS,  
AND WHAT WE HAVE TO OFFER TO YOU!

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